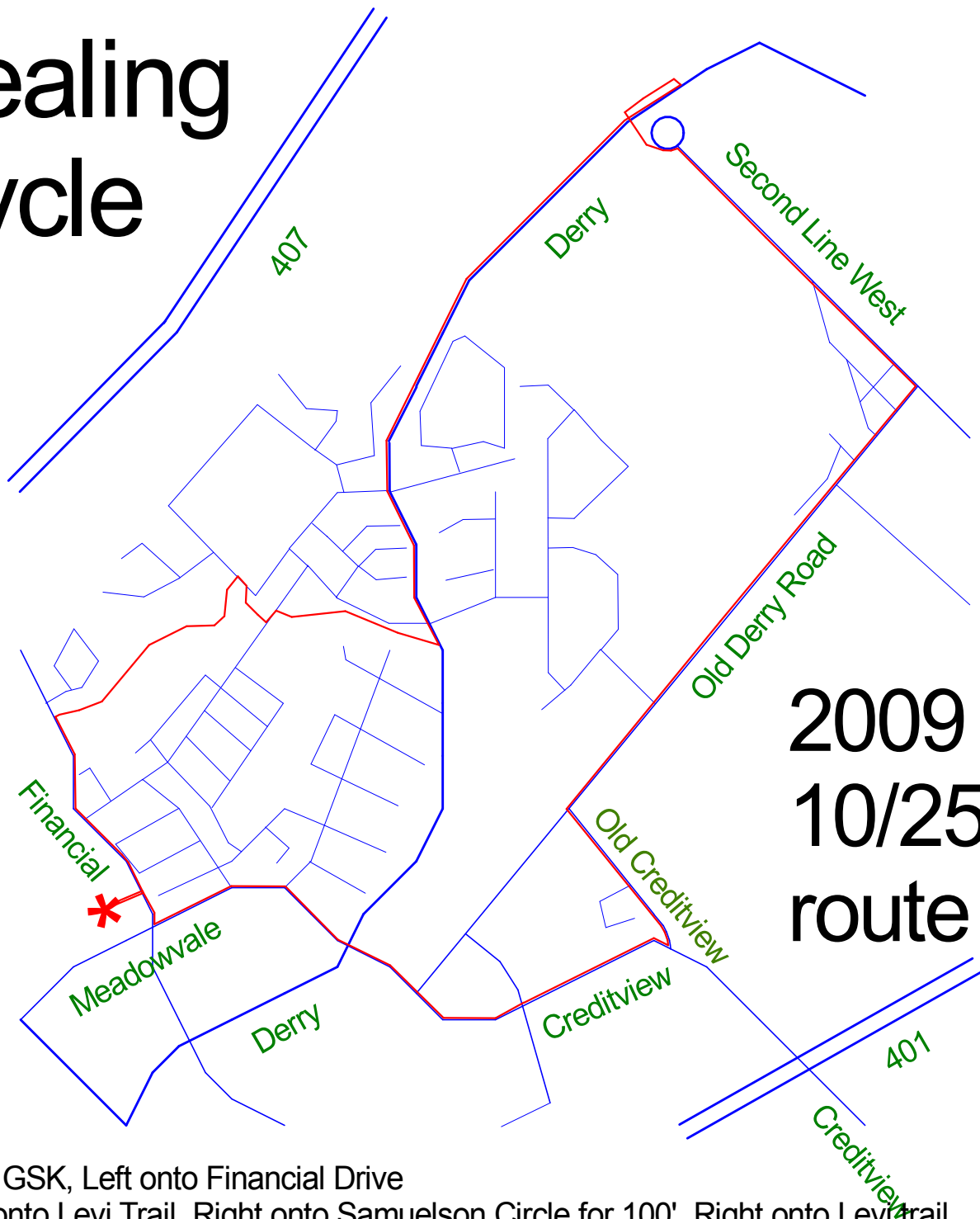


# Healing Cycle



2009  
10/25k  
route

Leave GSK, Left onto Financial Drive

Right onto Levi Trail, Right onto Samuelson Circle for 100', Right onto Levi trail

Left onto Westbridge Way for 20 feet, Right onto Levi Trail

Left onto Derry Road Bike Route

Left onto Davidson Trail, Left under Derry Road, Ease left to Second Line

Down Second Line to Old Derry Road

Right onto Old Derry Bike Route

Left onto Old Creditview Bike Route

Right onto Creditview

Cross Financial Drive, Old Derry and Derry, Road changes to Meadowvale Boulevard

Right on Financial Drive

**10km Riders**, left into GSK (actual route 8.4 km)

**25km riders**, repeat two more times then left into GSK (actual route 25.2 km)