

Right onto Financial Dr.

Right onto Meadowvale Blvd.

**Left onto Embleton Rd. (turns into 5th Sideroad
and then Campbellville Rd.)**

Left onto Campbell Ave. East

Rest Stop #1 (Campbellville)

**Carry on Campbell Ave. East (turns into Campbell Ave. West and then
Campbellville Rd.)**

Right onto Centre Rd.

Left onto 14th Concession

Right onto Maddaugh Rd.

Right onto Flamborough-Puslinch Townline

Left onto Victoria Rd.

Right onto Wellington Rd. 36

Rest Stop #2 (Watson Rd.)

North onto Watson Rd.

Left onto Wellington Rd. #34

Right onto Victoria Rd.

Right onto Arkell Rd. (30th Sideroad)

Left onto Nassagaweya 1st Line (Wellington Rd. 29)

Rest Stop #3 (5405 Wellington Rd. 29)

Right onto Wellington Rd. 18

Right onto 4th Line (5th Line) (Wellington Rd. 27) (Main Street)

Rest Stop #4 (5914 5th Line)

Right onto Eramosa Milton Townline

Left onto 4th Line Nassagaweya

Left onto 15th Sideroad

Rest Stop #5 (St. John's Anglican Church at Trafalgar)

Right onto 8th Line

Left onto 5th Sideroad (Embleton Rd.)

Rest Stop (25km ride)

Right onto Heritage Rd.

Rest Stop (10km ride)

Left onto Financial Dr.

Left to cross Finish Line GSK.

Healing Cycle

160 km

Directions